



Paul, writing from prison seems to want to help the believers' understand the Church, the Body of Christ and to help them to apply their spirituality to life. This is done by focusing on God's grand eternal cosmic plan and the unique role God has determined for the church. Christians need to live distinctively different lives as they battle the evil forces at work in the world under the devil's direction.

Lord Jesus help me to meditate on the incredible picture Paul paints in Ephesians 1. Beginning in past eternity with God's choice of us 'before the creation of the world' and looking to a future eternity when God will bring everything in the whole universe under the headship of Christ.

I meditate Father God on the wonder and enormity of your plans for us. Please give me a deeper longing to explore more of your greatness.

I consider Paul's prayer for the church. 'May know God better, richer understanding, experience His resurrection power, grasp God's immense purpose for His church. I pray this for Upwey Baptist Community Church.

'The church's one foundation is Jesus Christ her Lord. She is His new creation, by Spirit and the Word. From heaven He came and sought her to be His holy bride. With His own blood He bought her, and for her life He died.' Samuel Stone 1839-1900

Thank you I have power for living your way Lord. The same power God used to raise Christ Jesus from the dead.

I spend time thinking on these truths. Because of God's great love for us, rich in mercy, made alive in Christ, saved by grace. We are God's workmanship.

The good deeds we are privileged to carry out are part of God's loving plan for us. So He will direct and equip us for their accomplishment to His glory.